



The baby boomers.

They call us 'seniors' or 'old folk'.
We were born in the '40s and '50s.
We grew up in the '60s and '70s, and we are
now ourselves in our 70s and 80s.
Yet we're still hanging out in the 2020s!

We have lived through EIGHT different
decades,
TWO different centuries...
TWO different millennia...

We have seen more changes than any other
generation in history.

We have also been the luckiest generation in history.

It's been a wonderful journey and I've written all about it in my new book which you can find by clicking here - [BOOMER](#).

But if you prefer an **AUDIO BOOK**, good news! [Click here!](#)

On December 15, 2023, BOOMER was released as an Audible Audiobook, narrated by Dr. Jack Wynters, an experienced actor with more than 100 audiobooks to his name.

Sharing a similar background on both sides of the Atlantic, with mutual memories, including buckets of horse droppings, Patrick the writer and Jack the narrator have together embarked on a project to bring life and meaning to the past eight decades.

You can now listen to our audiobook as you push your walker to the Senior Center, or while you are enjoying a puff of medical marijuana, out on the golf course.

Alternatively, your children, or grandchildren may enjoy reading, or listening to BOOMER, in order to better understand what the Heck has happened to the world over the past eighty years, and what resources we boomers have left them to inherit, and with which to manage, and to survive.

